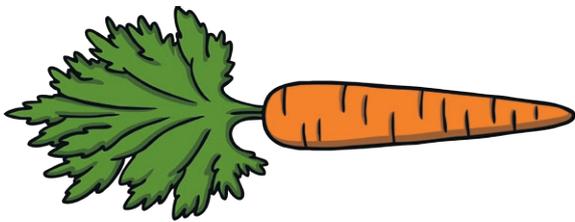


# Food

## Home Learning Challenges

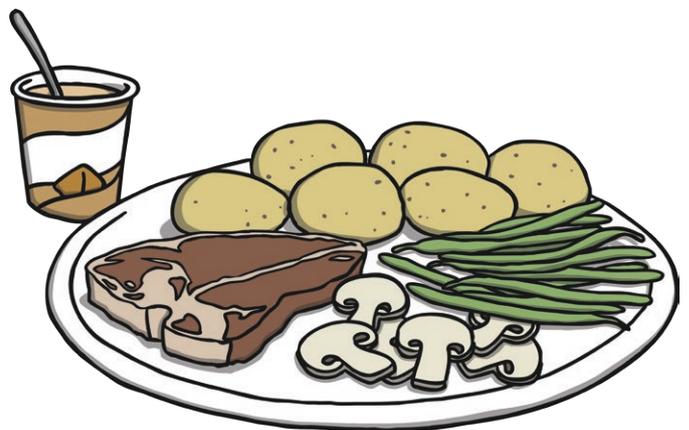
Cut up a potato, carrot, celery, lettuce and broccoli. Dip the vegetables into paint and make prints and patterns on paper. Look at the different marks you make with different parts of the vegetable.



Make healthy pizzas using pitta bread or tortilla wraps. Add tomato, cheese and some of your favourite vegetables. Some ideas are peppers, mushrooms, aubergines and sweetcorn.



Read some stories based around food, such as 'The Little Red Hen', 'The Enormous Turnip' and 'The Gingerbread Man'. Have you tried the food that each of these stories is based around? Why don't you make gingerbread men, some bread from scratch or turnip soup?



Help a grown-up as they make your favourite meal. Listen carefully to the instructions you are given. Can you follow them? Are you able to measure out the ingredients correctly? Take some pictures of the different stages of cooking and bring them in or email them to your class.