

Let's Talk Out Loud!



Speaking isn't just using words. It's about sharing ideas clearly, thinking about what you want to say and choosing the right words to communicate. Here are some tips and activities to support your child's **speaking and self-expression skills**.

Playing together can encourage your child to talk and share their ideas. Follow your child's lead and let them guide the play.

Spending time chatting with your child based on their interests can encourage them to talk for longer.

To help your child share their ideas with more confidence, try rephrasing their sentences when they make a mistake rather than correcting them directly. For example, if your child says 'I runned fast', you could say 'Yes, you ran fast.'

When talking to your child, especially when asking a question, try pausing and giving them extra thinking time before they respond.

Top Tips



If you speak other languages at home, using your home language(s) alongside learning English can help to support your child's language development.

Activity Ideas

Ring, Ring: Use paper cups or your hands to make pretend telephones. Take turns 'calling' each other and having a chat. This fun game helps your child to practise having conversations.

Bathtime Chats: Adding items into the bath for your child to explore can encourage them to talk about what they are doing and what's happening. For example, a colander, measuring cups or a clean dish brush.

Talking About Feelings: While reading favourite stories, talking about how the characters may be feeling can encourage your child to share their own feelings. They may like to express their feelings through facial expressions or drawings.

Talking Telescope: Go on a walk together and at interesting spots, stop and give your child a cardboard tube. As they look through the tube, ask 'What can you see?' You could also take a turn, saying what you can see.

Poorly Pets: Pretend some toy animals are poorly and need to see the vet. Take it in turns with your child, pretending to be the vet or the pet's owner. The owner can explain to the vet what's wrong with their pet.



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