

Basic Salt Dough

Modelling Dough Recipe



You will need:

2 cups plain heat-treated flour (plus a little extra to flour your work surface)

1 cup salt

1 cup water

Optional: food colouring, cookie cutters and child-sized rolling pins

Method:

1. Mix together the plain flour and salt in a large mixing bowl.
2. If you are using the optional food colouring, then add this now to one cup of boiling water.
3. Add the water into the flour and salt mixture and stir well until it is combined.
4. Place the salt dough onto a flat, floured work surface and knead until the dough is smooth and stretchy.
5. Now, create your models and ornaments. You may wish to use the cookie cutters and child-sized rolling pins to help learners to manipulate the dough to create their models.
6. Place your finished creations on a lined baking sheet. Bake slowly in a low heated oven 120-150°C for around three hours or until they are solid. The time the dough takes to dry will depend on the size and thickness of your creations. Alternatively, you can also choose to leave the dough to air dry, however this can take days to properly dry and harden.



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Raw flour, like other raw products, may contain harmful bacteria. Heat treating the raw flour may make it safer in the event of accidental consumption; however, this is not guaranteed. Adult supervision and discretion are necessary while using recipes that use raw flour. Children should wash their hands before and after handling raw flour. You must ensure that an adequate risk assessment is carried out prior to using this resource. It is your responsibility to ensure that the information/activity this resource contains is safe and appropriate to use in your situation. Twinkl is not responsible for the health and safety of your group or environment. Please be aware that children under the age of three will need to be supervised at all times due to potential hazards with handling and exploring sensory objects.