

2-3 Arts, Crafts and Music

Activity Instructions - Copy Me

This 'Copy Me' game is perfect to help your little one understand rhythm and begin to make rhythmical and repetitive sounds. You can use any instruments you have at home to play this game but don't worry if you don't have any! Use pots, pans and wooden spoons as makeshift instruments or simply use body percussion (clapping and tapping with your hands and feet for example).

Milestones This Supports:



I can move and dance to music.

I can enjoy and join in with actions, words and phrases from my favourite songs, rhymes and stories.

I can explore a range of sound makers and instruments, playing them in different ways.



I can make rhythmical and repetitive sounds.

You will need:

- a range of musical instruments (optional)



1. Particularly if you are using instruments or household items as instruments, let your child play with and explore them before inviting them to copy you in this game - they will need to experiment with how to use the instruments, make sounds and so on before they can take part in this activity.
2. Model how you can make a pattern with sounds or actions. If you're using a drum, you might try 'tap, tap, bang!', using your hand or drumstick to make quiet and loud sounds. If you're using body percussion, you might try clapping your hands twice, then tapping your knees while saying, 'clap, clap, tap'.
3. Repeat the sound pattern and encourage your child to join in with you.

More Ways to Play

- If your child finds this tricky, don't worry. Let them play and experiment with their body percussion and instruments, modelling making louder and quieter or faster and slower sounds.
- Make a 'Copy Me' action or dancing game. Take turns copying each other by doing actions or dance moves to some music - try it with different pieces of music to practise different movements.

Disclaimer: Welcome to Twinkl Tots. We hope you find the information on our course and resources useful. This course is provided for informational and educational purposes only. As all children are different and develop at their own pace, your child might show development at different times or in different ways. Our aim is simply to give you general guidance and the information may not apply to your specific situation. If you have any concerns about your child's development, please speak to your health visitor or GP.

The physical activity contained within this resource may not fit your specific situation. It is your responsibility to decide whether to carry out the activity at all and, if you do, to ensure that the activity is safe for those participating. You are responsible for carrying out proper risk assessments on the activities and for providing appropriate supervision, including changing the activities as appropriate. We are not responsible for the health and safety of your group or environment so we cannot accept liability for any loss suffered by anyone undertaking any activity referred to or described in this resource. It is also your responsibility to ensure that you or the organisation you are organising it for has the relevant insurance to carry out the physical activity. If you are unsure in any way, we recommend that you take guidance from a suitably qualified professional. You may also wish to take guidance as to whether and how participants should warm up before taking part in any activity and carefully assess any environmental risks and be sure participants have a safe space in which to take part. By using this resource, you acknowledge that it is the responsibility of supervising adults to ensure the safety of children in their care.

